

21st Annual Metro Rides Bike to Work Day and One-on-One Team Challenge

Wednesday • June 25, 2014 • 6:30am – 8:30am

INDIVIDUAL RIDE YOUR BIKE TO WORK DAY

Ride your bike to work on June 25th and enjoy a free breakfast at convenient locations throughout the community while on your way. Prizes will be given away at the breakfast. Registration begins May 9th and runs through June 24th. Register early by June 18th and be entered into a drawing for some cool bike commute gear!

CHALLENGE ANOTHER BUSINESS OR ORGANIZATION & PARTICIPATE IN THE ONE-ON-ONE TEAM CHALLENGE

Volunteer to be a team captain and invite another organization to the One-on-One Team Challenge. Then spread the word in your organization and let people know about Metro Rides Bike to Work Day. All riders get a free breakfast at convenient locations throughout the community and there will be awards, and lots of great prizes given out during the breakfast. Tell co-workers about the team of riders you are putting together to represent your organization for some friendly competition with the organization you have challenged.

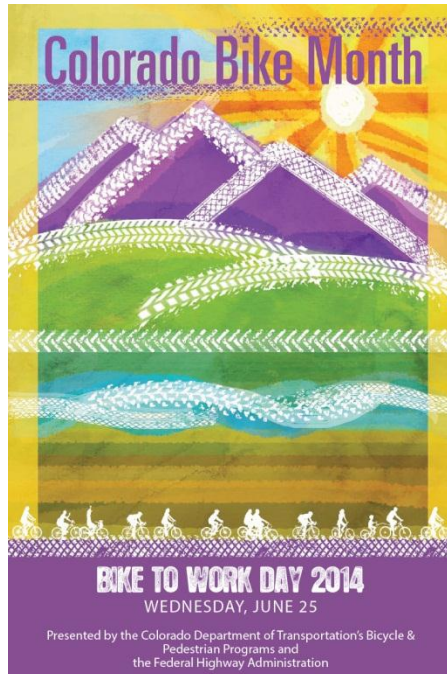
On Wednesday, June 25th have your company's cyclists ride their bikes to one of the FREE breakfast locations on their way to work. Companies compete against each other for trophies, which are awarded to the teams with the highest number of riders. A Team Spirit trophy is also awarded to one outstanding team that demonstrates real spirit on Metro Rides Bike to Work Day (matching jerseys, team songs, creative bike decorations...).

If you are interested in entering a team contact us for posters so you can display them and get your co-workers on board. Just email dspinato@springsgov.com to get your free posters.

REGISTER YOUR TEAM

Email or fax the One-on-One Team Challenge Entry Form to dspinato@springsgov.com or 719-385-5419 and *estimate* how many riders you think your team will have signed up by June 18th. Then make sure to have each member of your team register on line for their free breakfast and have them indicate your company name so they will be counted as participants in the team challenge. Register early by June 18th and be entered into a drawing for a team kit (shorts and jersey) from USA Cycling!

All team members should print out their ticket and bring it to the breakfast. The ticket will get riders their free breakfast and the ticket will serve as a raffle ticket for some great giveaways. Make sure your counterpart's team captain has this information as well. Go to www.springsbikemonth.com for all details and a link to online registration.



Metro Rides Bike to Work Day One-on-One Team Challenge Registration Form

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Name of Company: _____

Company mailing address: _____

Total number of employees at Colorado Springs location(s): _____

Number of riders on team (estimate): _____

Team captain name: _____

Phone: _____

Email: _____

Name of Company/Organization you are challenging: _____

Contact at Company/Organization you are challenging: _____

Please email or fax this form by June 18, 2014

FAX 719-385-5419 • EMAIL dsinato@springsgov.com • PHONE 719-385-5276

1015 Transit Drive • Colorado Springs, CO 80903